



# BOWLING ETIQUETTE

1. Be ready to bowl when the pins are set, but wait until the pin setting machine has completed its cycle and the sweep bar is raised to make your delivery.
2. Always defer to the bowler on your right if you are ready to bowl at the same time.
3. Stay off the approach while you wait. Taking too long to aim or get set up when you are on the approach delays the game.
4. Respect your lane's boundaries and don't cross into other bowler's approach areas even to dance!
5. Step off the approach once you have delivered the ball.
6. Good bowling requires focus! Bowling is supposed to be fun. Yes there is loud music, food, beer and fancy lights. But when it's your turn to bowl, try and tune all that out for just a minute... after all, you have to impress your friends!
7. Get permission to use another person's ball.....
8. Play the game to win, but be a gracious loser.... if you can't, make sure you celebrate with style!
9. Keep food and drinks away from the approach. We know our food and drinks are delicious, but there comes a time when you just need to put them down in order to bowl.
10. Always wear proper shoes on the approach. Wearing incorrect footwear inside of the approach area can seriously damage the floors and bowling shoes are better to moonwalk in.

**"HAPPY BOWLING"**

# STRIKE LANES MENU

## LANE BITES

Perfect for sharing... or not!

### Nachos £6

Topped with melted cheese, salsa, jalapenos & sour cream.

With beef or vegetarian chilli & cheese sauce £8

### Crispy Corn Dogs £6

Four baby franks on sticks coated in a crispy corn coating & served with tomato & chilli relish

### Wings £7

Six double boned wings served naked ready to be doused in hot sauce

### Fries £2.50

**Loaded Fries** why not load up your fries? Choose from: Chilli, bacon bits, cheese sauce, sourcream, BBQ sauce, slaw, hot sauce, pulled pork Any 3 for £2.00 extra, additional toppings at £0.75

### Lane Sliders £16

Six perfectly formed mini burgers with a mix of beef, chicken & pulled pork fillings in mini brioche buns with a variety of awesome toppings!

## LANE TAPAS

Little mugs of tasty bites perfect for passing round the lanes. Served with a selection of dips.

Choose any 3 of the following for £9 or 6 for £16

### Jalapeno Poppers

Sweet & spicy whole jalapenos filled with cream cheese in crispy breadcrumbs

### Tater Tots

A classic from the States! Little tubes of crispy potato loveliness

### Spicy Albondigas

Mildly spiced tasty pork meatballs

### Onion Rings

Chunky, sweet & crisp battered onion rings

### Mac'n'Cheese Bites

Pieces of creamy macaroni cheese in a crispy crumb

### Garlic Bread

Toasted bread with smoked garlic butter

# DRINKS

## BEER

### DRAUGHT BEER

<b>San Miguel</b> 5.0%	£3.95
A premium pilsner lager, full bodied, clean & crisp taste	
<b>Bud Light</b> 3.5%	£3.95
American style lager brewed light for a refreshing taste	
<b>Yardbird</b> 4.0%	£3.95
A craft American style IPA full of Hops	
<b>East Coast IPA</b> 4.3%	£3.95
A cold, bold & insanely drinkable smooth ale	
<b>Guinness</b> 4.1%	£4.20
The worlds most famous stout	

### BOTTLED BEER

<b>Budweiser</b> 4.8%	£3.85
Americas King of Beers	
<b>Corona</b> 4.5%	£3.85
Light, crisp & refreshing	
<b>Desperados</b> 5.9%	£4.40
The perfect blend of beer & tequila	
<b>Becks Blue</b> 0%	£3.00
No alcohol but plenty of flavour	
<b>OTHER BOTTLES</b>	
<b>Bulmers Original Cider</b> 4.5%	£4.50
<b>Old Mout Berries &amp; Cherries Cider</b> 4.0%	£4.50
<b>Old Mout Kiwi &amp; Lime Cider</b> 4.0%	£4.50
<b>Old Mout Passion Fruit &amp; Apple Cider</b> 4.0%	£4.50
<b>Crabbies Ginger Beer</b> 4.0%	£4.50

## WINE

### WHITE

<b>Pinot Grigio, Willowood</b> (California - USA)	
peach & refreshing citrus fruits	
125ml/175ml/Bottle	£3.95/£4.95/£18.00

### PINK

<b>Zinfandel Blush, Willowood</b> (California - USA)	
candyfloss & strawberries	
125ml/175ml/Bottle	£3.95/£4.95/£18.00

### RED

<b>Merlot, Willowood</b> (California - USA)	
berries & chocolate with a smooth finish	
125ml/175ml/Bottle	£3.95/£4.95/£18.00

### FIZZ

<b>Prosecco Spumante, Il Caggio</b> (Veneto - Italy)	
fizzy & fresh	
Bottle	£20.00

## SPIRITS

We have a wide range of spirits including a fine selection of American bourbons, please ask one of the JR's crew to tell you more!

## COCKTAILS

£5.95	<b>Woo Woo!</b> Vodka, Peach Schnapps & Cranberry Juice
	<b>Frozen Margarita</b> Crushed Ice, Tequila, Sweet & Sour Mix & Lime
	<b>Pina Colada</b> Gold Rum, Coconut & Pineapple Juice
	<b>Mojito</b> White Rum, Mint, Lime & Soda
	<b>Tequila Sunrise</b> Tequila, Orange & Grenadine
	<b>Cola Cube</b> Cherry Brandy, Vodka & Coke
	<b>Dr Pep</b> Amaretto, Vodka & Coke
	<b>Frozen Mudslide</b> Crushed Ice, Vodka, Kahlua & Baileys

## MOCKTAILS

£2.95	<b>Virgin Colada</b> Pineapple, Coconut & Cream
	<b>JR'S Cooler</b> Lime, Grenadine & Lemonade
	<b>Sweet Sunrise</b> Orange, Pineapple & Grenadine

## JR'S SHAKES

£3.75	Our shakes are made the traditional way in a spindle blender & topped with whipped cream
	You can make any shake malted, or how about adding peanut butter for no extra charge

Vanilla ★ Chocolate ★ Strawberry  
Maple ★ Bubblegum ★ Coffee ★ Toffee

## SODAS & SOFT DRINKS

<b>Coke Zero, Diet Coke &amp; Schweppes Lemonade</b>	
Junior/Regular/Large	£1.00/£1.90/£2.80
<b>Soda Float</b> with a scoop of ice cream on the top	£3.75
<b>Appletiser</b>	£2.50
<b>Selection of Fruit Bursts</b>	£2.50
<b>Mineral Water, Sparkling / Still</b>	£1.95
<b>Cream Soda</b>	£2.00
<b>Coca Cola, Diet Coke, Dr Pepper, Fanta, Sprite &amp; Sprite Zero</b> (bottles & cans)	£1.80
<b>Selection of Fruit Shoots</b>	£1.80
<b>Selection of Fruit Juices</b>	£1.80

## HOT DRINKS

<b>Espresso</b>	£1.85
<b>Americano</b>	£2.10
<b>Flat White</b>	£2.35
<b>Cappuccino</b>	£2.35
<b>Latte</b>	£2.35
<b>Mocha</b>	£2.75
<b>Hot Chocolate</b>	£2.75
<b>Pot of Tea for One</b>	£1.95
<b>Specialty Tea</b>	£1.95
<b>Add a syrup shot</b>	£0.50