



BOWLING ETIQUETTE

1. Be ready to bowl when the pins are set, but wait until the pin setting machine has completed its cycle and the sweep bar is raised to make your delivery.
2. Always defer to the bowler on your right if you are ready to bowl at the same time.
3. Stay off the approach while you wait. taking too long to aim or get set up when you are on the approach delays the game.
4. Respect your lane's boundaries and don't cross into other bowler's approach areas even to dance!
5. Step off the approach once you have delivered the ball.
6. Good bowling requires focus! bowling is supposed to be fun. Yes there is loud music, food, beer and fancy lights. but when it's your turn to bowl, try and tune all that out for just a minute... after all, you have to impress your friends!
7. Get permission to use another persons' ball.....
8. Play the game to win, but be a gracious loser.... if you can't, make sure you celebrate with style!
9. Keep food and drinks away from the approach. We know our food and drinks are delicious, but there comes a time when you just need to put them down in order to bowl.
10. Always wear proper shoes on the approach. Wearing incorrect footwear inside of the approach area can seriously damage the floors and bowling shoes are better to moonwalk in.

"HAPPY BOWLING"

STRIKE LANES MENU

LANE BITES

Perfect for sharing... or not!

Nachos £6
Fried flour tortillas topped with cheese sauce, salsa & sour cream.

With beef or vegetarian chilli & cheese sauce £8

Crispy Corn Dogs £6
Four baby franks on sticks coated in a crispy corn coating & served with tomato & chilli relish

Wings £7
Six double boned wings served naked ready to be doused in hot sauce

Fries £2
A portion of skin on fries
why not wet your fries with cheese sauce for £0.50

Lane Sliders £16
Six perfectly formed mini burgers with a mix of beef, chicken & pulled pork fillings in mini brioche buns with a variety of awesome toppings!

LANE TAPAS

Little mugs of tasty bites perfect for passing round the lanes. Served with a selection of dips.

Choose any 3 of the following for £9 or 6 for £16

NEW Jalapeno Poppers

Sweet & spicy whole jalapenos filled with cream cheese in crispy breadcrumbs

Shroomies

Sliced field mushrooms breaded, spiced & fried

Tater Tots

A classic from the States! Little tubes of crispy potato loveliness

NEW Spicy Albondigas

Mildly spiced tasty pork meatballs

Onion Rings

Chunky, sweet & crisp battered onion rings

Mac'n'Cheese Bites

Pieces of creamy macaroni cheese in a crispy crumb

Garlic Bread

Toasted bread with smoked garlic butter

DRINKS

BEER

DRAUGHT BEER

Bud Light 3.5% £3.80
American style lager brewed light for a refreshing taste

Yardbird 4.0% £3.90
A craft American style IPA full of Hops

East Coast IPA 4.3% £3.90
A cold, bold & insanely drinkable smooth ale

Guinness 4.1% £4.00
The worlds most famous stout

BOTTLED BEER

Budweiser 4.8% £3.60
Americas King of Beers

Corona 4.6% £3.60
Light, crisp & refreshing

NEW Lacons Steam Lager 4.0% £3.90
California style blonde steam lager

Brooklyn Lager 5.1% £3.90
A full flavoured amber lager

NEW Lacons Quell IPA 5.4% £4.00
A golden American style IPA

Desperados 5.9% £4.00
The perfect blend of beer & tequila

Becks Blue 0% £3.00
No alcohol but plenty of flavour

OTHER BOTTLES

Bulmers Original Cider 4.5% £4.00

Old Mout Berries & Cherries Cider 4.0% £4.00

Old Mout Kiwi & Lime Cider 4.0% £4.00

Old Mout Passion Fruit & Apple Cider 4.0% £4.00

Crabbies Ginger Beer 4.0% £4.00

WINE

WHITE

Pinot Grigio, Willowood (California - USA)
peach & refreshing citrus fruits
125ml/175ml/Bottle £3.50/£4.50/£17.00

PINK

Zinfandel Blush, Willowood (California - USA)
candyfloss & strawberries
125ml/175ml/Bottle £3.50/£4.50/£17.00

RED

Merlot, Willowood (California - USA)
berries & chocolate with a smooth finish
125ml/175ml/Bottle £3.50/£4.50/£17.00

FIZZ

Prosecco Spumante, Il Caggio (Veneto - Italy)
fizzy & fresh
Bottle £20.00

SPIRITS

We have a wide range of spirits including a fine selection of American bourbons, please ask one of the JR's crew to tell you more!

All items are subject to availability

COCKTAILS

£5.95

Woo Woo! Vodka, Peach Schnapps & Cranberry Juice

Frozen Margarita Crushed Ice, Tequila, Sweet & Sour Mix & Lime

Pina Colada Gold Rum, Coconut & Pineapple Juice

Mojito White Rum, Mint, Lime & Soda

Tequila Sunrise Tequila, Orange & Grenadine

Cola Cube Cherry Brandy, Vodka & Coke

Dr Pep Amaretto, Vodka & Coke

Frozen Mudslide Crushed Ice, Vodka, Kahlua & Baileys

MOCKTAILS

£2.95

Virgin Colada Pineapple, Coconut & Cream

JR'S Cooler Lime, Grenadine & Lemonade

Sweet Sunrise Orange, Pineapple & Grenadine

JR'S SHAKES

£3.25

Our shakes are made the traditional way in a spindle blender & topped with whipped cream
You can make any shake malted, or how about adding peanut butter for no extra charge

Vanilla ★ Chocolate ★ Strawberry
Maple ★ Bubblegum ★ Coffee ★ Toffee

SODAS & SOFT DRINKS

Coke Zero, Diet Coke & Schweppes Lemonade

Junior/Regular/Large £1.00/£1.90/£2.60

Soda Float with a scoop of ice cream on the top £3.25

Appletiser £2.25

Selection of Fruit Bursts £2.25

Mineral Water, Sparkling / Still £1.85

Root Beer & Cream Soda £2.00

Coca Cola, Diet Coke, Pepsi Max,

Dr Pepper, Fanta,

Sprite & Sprite Zero (bottles & cans) £2.00

Selection of Fruit Shoots £1.50

Selection of Fruit Juices £1.90

HOT DRINKS

Espresso £1.60

Americano £1.90

Flat White £2.25

Cappuccino £2.25

Latte £2.25

Mocha £2.60

Hot Chocolate £2.50

Pot of Tea for One £1.70

Specialty Tea £1.90

Add a syrup shot £0.50